

## 1979 Region 8AA Girls- Saturday, May 26 at Brainerd

**Teams:** St. Cloud Apollo 120, Detroit Lakes 58, St. Cloud Tech 54, Melrose 52, Little Falls 48, Alexandria 34, Moorhead 32, Fergus Falls 23, Park Rapids 16, Brainerd 10, East Grand Forks 8, Bemidji 4, Thief River Falls 4, Sauk Rapids 2, Crookston 0.

### 100 Yard Dash

- 1 Jan Knopik, SCA 11.3
- 2 Linda Shaw, DL 11.7
- 3 Ann Mikkelson, FF 11.7
- 4 Janice Wolf, SCA 11.8
- 5 Lori Hoppe, Melr 11.8
- 6 Stacy Slapnicher, Bem 11.9

### 220 Yard Dash

- 1 Kris Rens, LF 25.7
- 2 Ann Mikkelson, FF 25.9
- 3 Kim Braegelman, Melr 26.2
- 4 Linda Shaw, DL 26.6
- 5 Brenda Johnson, FF 26.8
- 6 Kelly Garner, SCA 27.0

### 440 Yard Dash

- 1 Kris Rens, LF 57.2
- 2 Carol Peterka, SCA 58.6
- 3 Kim Wiedel, Melr 59.1
- 4 Laura Griesch, SCA 60.3
- 5 Cyndi Carlson, DL 60.6
- 6 Beth Becker, SCT 62.1

### 880 Yard Run

- 1 Cyndi Carlson, DL 2:17.7
- 2 Kathy Roske, SCA 2:17.7
- 3 Mary Bohlig, LF 2:18.7
- 4 Glenna Grubeer, Melr 2:28.5
- 5 Sue Donahue, PR 2:28.9
- 6 Kay Schoenning, FF 2:29.0

### One Mile Run

- 1 Nancy Dietman, SCT 5:13.2
- 2 Kathy Kelly, SCT 5:13.3
- 3 Linda Benjamin, PR 5:18.4
- 4 Bonnie Schwegel, SCA 5:26.6
- 5 Brenda Guck, Brai 5:29.2
- 6 Ann Hicks, SCA 5:30.1

### Two Mile Run

- 1 Deb Thometz, SCT 11:31.6
- 2 Liz Feiler, SCT 11:48.1
- 3 Kathy Bandy, Mhd 12:01.0
- 4 Deb Miller, SCA 12:13.0
- 5 Julie Easton, TRF 12:18.4
- 6 Jan Dennis, PR 12:25.5

### 110 Yard Low Hurdles

- 1 Linda Johnson, Alex 15.1
- 2 Barb Barrett, DL 15.2
- 3 Mary Braun, SCT 15.2
- 4 Carol Peterka, SCA 15.7
- 5 Kathy Watson, PR 15.7
- 6 Lehtitia Moilanen, Brai 16.5

### 180 Yard Low Hurdles

- 1 Barb Barrett, DL 24.1
- 2 Deb Landwehr, SCT 24.5
- 3 Judy Schreifels, Melr 24.5
- 4 Kim Hinkemeyer, SCA 24.5
- 5 Patty Larson, Mhd 25.1
- 6 Angie Kondos, Mhd 25.1

### 440 Yard Relay

- 1 Apollo 50.4
- 2 Moorhead 51.3
- 3 Melrose 51.7
- 4 Detroit Lakes 52.2
- 5 Brainerd 52.8
- 6 Thief River Falls 52.8

### 880 Yard Relay

- 1 Apollo 1:44.8
- 2 Melrose 1:46.3
- 3 Fergus Falls 1:49.5
- 4 Little Falls 1:51.6
- 5 Sauk Rapids 1:52.7
- 6 Bemidji 1:53.4

### One Mile Relay

- 1 Apollo 4:02.3
- 2 Little Falls 4:02.7
- 3 Detroit Lakes 4:12.7
- 4 Melrose 4:13.4
- 5 Bemidji 4:21.0
- 6 Park Rapids 4:26.0

### Long Jump

- 1 Janice Wolf, SCA 16-11.5
- 2 Kelly Garner, SCA 16-7.5
- 3 Julie Johnston, DL 16-5.5
- 4 Margo Holm, Mhd 16-5
- 5 Lori Larson, Mhd 16-2.25
- 6 Mary Braun, SCT 15-10.75

### High Jump

- 1 Amy Maus, Melr 5-3
- 2 Delayne Gilbertson, EGF 5-3
- 3 Linda Johnson, Alex 5-2
- 4 Betty Spillum, LF 5-1
- 5 Mary Braun, SCT 5-1
- 6 Karla Olness, Mhd 5-0

### Shot Put

- 1 Becky Fettig, SCA 41-7
- 2 Loreena Anderson, Alex 40-5.5
- 3 Tammy Spillum, LF 38-0
- 4 Dawn Clabo, Brai 36-8
- 5 Sue Quenette, Mhd 36-2.5
- 6 Chris Anderson, Brai 35-7.5

### Discus

- 1 Loreena Anderson, Alex 133-10
- 2 Becky Fettig, SCA 122-0
- 3 Dee Rummins, Mhd 110-4
- 4 Linda Wagner, PR 108-0
- 5 Rochelle Fandel, SCA 107-0
- 6 Stacy Ehrenstrom, TRF 105-10

**Notes:** St. Cloud Apollo was coached by Donna Mark.